



国际跆拳道联盟中国地区总部

CHINA INTERNATIONAL TAEKWON-DO FEDERATION

2009 International Friendship Tournament

1. Date of Tournament

23rd, August, 2009

2. Place

Beijing, China

3. General Information

1. Arrangement before tournament

① Arrival

All teams and individuals should arrive Beijing in Aug. 22nd, 2009. If ahead of schedule, please contact with organizing committee.

② Check in and Register:

You should arrive at Beijing before 9:00 pm, Aug. 22nd, 2009.

2. Meeting before tournament (Beijing, Aug. 22nd, 2009)

① 10:00—11:00 : tournament organizing committee meeting

② 13:00—14:00: referee meeting

③ 14:00—15:00: the head of delegation meeting

④ 15:00—16:00: volunteer organizing committee meeting

⑤ 16:00—17:00: participators meeting

3. Aug. 23rd, 2009

① VIP goes to tournament gymnasium at 7:50.

② VIP will arrive at the tournament gymnasium at 8:20.

③ Tournament begins at 9:00.

④ The time for lunch is from 12:00 to 13:00.

⑤ Resume at 13:00.

⑥ VIP goes back to appointment hotel after tournament at 21:00.

4. Event:

A. Inauguration

B. Taekwon-Do performance

C. Pattern event

D. Sparring event

E. Special technique and power breaking event

F. Awarding and conclusion

A. Inauguration

- i All participators and referees enter.
- ii All salute to ITF flag, Taekwon-Do founder ITF fore-president
- iii Introduce chair members
- iv CHINA ITF headquarters representative addresses
- v National representative addresses
- vi Citing the student oath
Student oath: I shall observe the tenets of Taekwon-Do
I will respect my instructors and seniors
I will never misuse Taekwon-Do
I will a champion of freedom and justice
I will build a more peaceful world
- vii CHINA ITF headquarters representative announce the opening

B. Each delegacy performs

C. Pattern event

- i. Team pattern event: child team pattern, female team pattern, male team pattern
- ii. Individual pattern event:
 - ①yellow-belt to green-belt: male child pattern, female child pattern, female pattern, male pattern
 - ②blue-belt to red-belt: male child pattern, female child pattern, female pattern, male pattern
 - ③black-belt: male child pattern, female child pattern, female pattern, male pattern

D. Sparring event

- i. Team sparring: (male team sparring)
- ii. Individual sparring:
 - ①(male individual sparring, blue-belt to red-belt) 54kg and below , 54kg-64kg, 64kg-73kg, 73kg and above.
 - ② (male individual sparring, black-belt) 54kg and below, 54kg-64kg, 64kg-73kg, 73kg and above.
 - ③ (female individual sparring, blue-belt to black-belt) 45kg and below, 45kg-54kg, 54kg-63kg, 63kg and above.
 - ④ (male child individual sparring, green-belt to black-belt) 30kg and below, 30kg-38kg, 38kg-46kg, 46kg and above.
 - ⑤ (female child individual sparring, green-belt to black-belt) 25kg and below, 25kg-30kg, 30kg-39kg, 40kg and above.

E. Special technique event

F. Power breaking event

5. Conclusion ceremony

1. All aggregate

2. The leaders of referees announces event scores, awarding ceremony
3. CHINA ITF headquarters representative addresses
4. Take photos

Wish all teams make the outstanding progress in the competition

4.Tour Package

Aug. 22nd: ①Arriving at Beijing in the afternoon

②Check in hotel—transact procedure relating to tournament

③Have dinner at 19:00 then rest

Aug. 23rd:

①7:00: Breakfast

②8:00: set off, 8:30: arriving at gymnasium.

③9:00: tournament begins.

④12:00-13:00: lunch time.

⑤13:00: resume tournament.

⑥ 21:00: conclusion of tournament.

⑦ 21:30: dinner and rest.

Aug. 24th:

① 7:30: Breakfast,8:00: set off.

② The Great Wall at Badaling sightseeing in the morning.

③ Lunch.

④ Beijing National Stadium (Bird's Nest/Olympic Stadium) sightseeing in the afternoon.

⑤ Tricycle hutong tour..

⑥ Supper.

⑦ Acrobatics show, then rest

Aug.25th:① After breakfast , leave hotel toward to airport for departure.

※ 2300 RMB Yuan for each person(including transportation, lodging (Four-star hotel), English tour guide fees, food, attractions tickets cost and does not include the Participation fees), additional 60 RMB yuan for The Greatwall cable car.

※ If there are more than six person in one team, the leader of the team could get an discounted price of 1500 RMB Yuan, and ChinaITF will pay for the remaining 800 RMB Yuan.

※ Participation fees:

Individual event: 150 RMB Yuan for each person (could participate in all four sparring , pattern, special technique and power breaking individual events)

Team event: 200 RMB Yuan for each person(pattern, sparring and paid by each team)

Tickets: Free for Foreign guests

※ The tour and the fees could make adjustments in special circumstances.

※ The safety of foreign athletes will be secured by the national organizing committee of their own

5.All events of the Tournament.

1. all events

※Team (Sparring self-dependence equipment: gloves, boots, and groin guards)

The tournament will use the ITF 5-point scoring rules in sparring event.

Male : pattern, sparring

Female : pattern, sparring

Children : pattern (boys and girls together)

※ Individual

Male : pattern, sparring, special technique, power breaking

Female : pattern, sparring

Children : pattern, sparring

2. detail of events

i. Individual sparring:

① male individual sparring(blue-belt to red-belt; black-belt)

54kg and below , 54kg-64kg, 64kg-73kg, 73kg and above.

(preliminary event: 2 minutes on one round;

final event: 2 minutes per round on two rounds)

② female individual sparring (blue-belt to black-belt)

54kg and below, 45kg-54kg, 54kg-63 kg, 63kg and above.

(preliminary event: 1minute 30 seconds on one round;

final event: 1minute 30 seconds per round on two rounds)

③ male child individual sparring(green-belt to black-belt)

30kg and below, 30kg-38kg, 38kg-46kg, 46kg and above.

(preliminary event: 1minute 30 seconds on one round;

final event: 1minute 30 seconds per round on two rounds)

④ female child individual sparring(green-belt to black-belt)

25kg and below, 25kg-30kg, 30kg-39kg, 40kg and above.

(preliminary event: 1minute 30 seconds on one round;

final event: 1 minute 30 seconds per round on two rounds)

ii. Team sparring event:

Only one representative team for each country or area(5 members in each team):

Male team sparring event without weight limit: 1minute 30 seconds on one round

Female team sparring event without weight limit: 1minute 30 seconds on one round

iii. Individual pattern

adult and children pattern event

① Children pattern: yellow-belt to green-belt; blue-belt to red-belt; black-belt

② Adult pattern: yellow-belt to green-belt; blue-belt to red-belt; black-belt

Color-belt: the pattern corresponding to the level

preliminary event: single pattern;

final event: one optional pattern and one on-demand pattern

Black-belt: the pattern from Guang Ge to Zu Ce

preliminary event: single pattern;

final event: one optional pattern and one on-demand pattern

iv. Team pattern

Only two representative teams for each country or area, including one color-belt team and one black-belt team(5 members in each team).

① Male team pattern event (black-belt):

preliminary event: Gie Bek pattern;

final event: one optional pattern and one on-demand pattern

② Male team pattern event: (color-belt)

preliminary event: Tue Gie pattern;

final event: one optional pattern and one on-demand pattern

③ Female team pattern event (yellow-belt to black-belt)

preliminary event: Rul Gok pattern;

final event: one optional pattern and one on-demand pattern

④ Children team pattern event (yellow-belt to black-belt):

preliminary event: Wen Hyo pattern;

final event: one optional pattern and one on-demand pattern

v. Special technique : (score)

Only one representative competitor per team:

preliminary event: jump fore-kick from 2.60 meter

final event: jump round-kick: from 2.35 meter

360. turn side-kick: from 2.25 meter,

jump adverse round-kick: from 2.30meter

vi. Power breaking: (score) (pine board: 2cm each)

Only one representative competitor per team:

(preliminary event: fore-fist, side-kick)

(final event: hand-knife, round-kick , adverse round-kick)